

The 7-Day Water Log and Sign Checklist

"How much is he drinking?" is the first question your vet will ask. This sheet gives you the real answer - and the sign checklist that helps point the visit. From the guide at drfossoms.com/senior-dog-care/cushings-disease/

How to measure: each morning, fill the bowl using a measuring jug and write down the amount. Refill during the day only from the jug, adding to the day's tally. Next morning, measure what is left and subtract - that is yesterday's total. **Multiple pets?** Separate bowls for the week if you can, or note "shared" - an imperfect number still beats a guess. Normal intake varies with size, food, and weather - your vet interprets the number; your job is only to catch it.

The 7-day log

DAY	WATER PUT OUT	WATER LEFT	TOTAL DRUNK	ACCIDENTS OR NIGHT WAKING?	NOTES (APPETITE, PANTING, ENERGY)
1					
2					
3					
4					
5					
6					
7					

Sign checklist - tick what you have seen, note since when

- | | |
|---|--|
| <input type="checkbox"/> Drinking or urinating much more since: _____ | <input type="checkbox"/> Hungrier than usual / food obsession since: _____ |
| <input type="checkbox"/> Heavy panting at rest since: _____ | <input type="checkbox"/> Pot-bellied look since: _____ |
| <input type="checkbox"/> Thinning coat or skin since: _____ | <input type="checkbox"/> Recurring skin or urinary infections since: _____ |
| <input type="checkbox"/> Hind-leg weakness or less stamina since: _____ | <input type="checkbox"/> Slowing down / sleeping more since: _____ |